

Instructions for HalfLytely & Bisacodyl Tablets Bowel Prep Kit

Please fill your prescription for HalfLytely at least 3 days prior to your colonoscopy.

Day before colonoscopy

1- Drink only clear fluids for breakfast, lunch and dinner. These include water, clear fruit juices (apple, grape, Gatorade, bouillon and Jello (but no red or orange Jello). Do not consume solid food or milk products. (See attached sheet for clear liquids).

2- **Between 1:00-3:00 PM:** Take the two (2) Bisacodyl tablets with 8 oz. of water. DO NOT chew or crush. DO NOT take the tablets within 1 hour of taking an antacid.

3- **Beginning at 6:00 PM:** Add lukewarm drinking water to the fill line at the top of the container and mix to dissolve powder (Note: if preferred, mix solution ahead of time and chill prior to drinking. The reconstituted solution should be used within 24 hours). Every 15 minutes drink a glass of solution (approximately 8oz.), until HALF of the solution is consumed.

4- Do not have anything else to eat or drink, except for heart or blood pressure medication.

Morning of the Procedure

5- **Beginning at 3:00 AM:** Every 15 minutes drink a glass of solution (approximately 8oz.), until the OTHER HALF of the solution is consumed. At this point, the entire container of solution should be completed! Failure to complete the entire amount of solution can lead to inadequate results and procedure rescheduling due to improper preparation.

6- **NOTHING AFTER 4:30 AM!!!** Do not have anything else to eat or drink, except for heart or blood pressure medication.