

INSTRUCTIONS FOR NULYTELY PREP

Please have your prescription for **Nulytely** filled a few days prior to your colonoscopy.

DAY BEFORE PROCEDURE

Step 1: Drink only clear liquids for breakfast, lunch, and dinner. Do not consume any solid foods or milk products. (See attached sheet for a list of clear liquids).

Step 2: Beginning at 6:00 PM: Mix Nulytely prep by adding drinking water to the fill line on the container and mix to dissolve powder contents (Note: if preferred, mix solution ahead of time and chill prior to drinking. The reconstituted solution should be used within 24 hours of mixing. Drink an 8oz glass of the solution every 15 minutes until 2 liters (half of container) has been consumed. Place remaining solution in the refrigerator.

Step 3: Do not have anything else to eat or drink, except for heart or blood pressure medication.

MORNING OF THE PROCEDURE

Step 4: Beginning at 3:00 AM: Drink an 8oz glass of the solution every 15 minutes until remaining half is consumed. At this point, the entire container of solution should be completed. **It is extremely important to finish the prep. Failure to complete the entire prep could lead to an unclear colon, inadequate results, and possible procedure rescheduling due to improper preparation.**

Step 5: NOTHING AFTER 4:30AM!! Do not have anything else to eat or drink, except for heart or blood pressure medication.